

How it works

TIME:

The programme consists of 12 sessions run in a group setting. It has been developed by a professional team who have also devised a strong visual framework that is fully accessible to young people.

MONITORING & EVALUATION:

There is a comprehensive and robust monitoring and evaluation process running parallel to the work including pre and post behavioural and attitudinal measurements tools and weekly sessional recording sheets for each young person attending LINX.

REFERRALS:

Referrals are accepted from those working with young people across Surrey. Young people are also able to self-refer onto the programme via their youth workers/ youth support officers. The referral process will include an assessment of suitability and the identification of risk and protective factors to make sure we are able to meet the young person's needs effectively.

To find out more, or to make a referral, please contact:
Nikki Parkhill
Commissioning Officer (Early Help)
Services for Young People
07976 974742
nikki.parkhill@surreycc.gov.uk or
nikki.parkhill@surreycc.gcsx.gov.uk



Office of the Police and Crime
Commissioner for Surrey



HAMPTON TRUST



*Helping young people aged 12 – 18 in Surrey
make positive changes.*

The Hampton Trust

HT is a well respected charity based in Hampshire and works in a number of destinations within the UK. As an organisation we have 18 years experience of working with the issues surrounding domestic abuse. Our vision is for people:

To enjoy life free from violence, abuse and isolation, through the delivery of primary, secondary and tertiary interventions to improve the life chances of vulnerable people.

The Hampton Trust delivers a whole range of specialised programmes. Examples include work with domestic abuse perpetrators; parents; troubled families; young people and children. In addition, we work at a strategic county and national level to address violence and abuse, undertake research and promote innovative evidence-based solutions.

The Surrey Context

The Surrey Joint Strategic Needs Assessment (2014) highlighted the gap in provision for children and young people who have been affected by domestic abuse. In 2012-13, 2897 children under the age of 16 were reported to be living with the victim of domestic abuse or as being affected by it.

Surrey County Council is working in partnership with The Hampton Trust and the Surrey Police Crime Commissioner to address domestic abuse and its impact on children and young people through the LINX programme.

LINX

LINX is an experiential 12 week programme aimed at 12 to 18 year olds. Initially set up to work in groups with young people living in domestic abuse it is also targeted at young people:

- In the criminal justice system/ involved in anti-social behaviour
- Disengaged from the education system

- Demonstrating poor school attendance
- Under school exclusion or on reduced timetable

Delivered most effectively in single gender groups, the programme is a structured, interactive course which enables young people to address issues arising out of their experiences and behaviours. It uses a variety of highly challenging yet fun exercises to encourage young people to look at the consequences of their behaviour. It enables them to make links between their experiences, feelings and actions. Goal setting, resilience, empathy development risk management are threaded throughout all twelve weeks. Looking at the role of women and girls, men and boys and equality is fundamental to the programme and is weaved from beginning to end.

LINX Outcomes

Addressing a range of issues all based around a visual image of the 'Empathy Wall', so called because of the link between low levels of empathy and risk taking behaviour, an essential component is to enable young people to identify their own risk and protective factors. LINX aims to equip young people with the ability to:

- *Increase their motivation to address their behaviour and engage constructively with other support agencies*
- *Recognise the link between prior experiences, feelings and current behaviour*
- *Recognise the impact of their behaviour on others*
- *Recognise their own risk and protective factors and those leading to problematic behaviour*
- *Increase their understanding of healthy relationships and positive ways of relating to others*
- *Identify goals for a more positive future*
- *To explore strategies that will lead to more positive outcomes.*

The theme underpinning the programme material is the link between young people's experiences; how they feel as a result of this and the impact it has on their behaviour.